



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Gilmar Padilha Da Silveira

Clube de Orientação de Curitiba

Course : H Senior N

Distance : 3200m (Climbing 105m)

Time : 2:18:16 (43'12"/km)

1/2

O.K.

[Full result on Webres](#)

2. Ismael Gryzinski

2:21:02

1.	72	00:05:38		224m	25'09"/km
2.	106	00:02:44	00:08:22	71m	38'30"/km
3.	108	00:01:44	00:10:06	98m	17'41"/km
4.	109	00:14:50	00:24:56	95m	156'08"/km
5.	111	00:07:43	00:32:39	277m	27'51"/km
6.	117	00:11:07	00:43:46	152m	73'08"/km
7.	122	00:10:55	00:54:41	207m	52'44"/km
8.	125	00:14:08	01:08:49	381m	37'06"/km
9.	129	00:19:35	01:28:24	244m	80'16"/km
10.	97	00:03:04	01:31:28	103m	29'46"/km
11.	107	00:30:49	02:02:17	629m	49'00"/km
12.	75	00:03:16	02:05:33	98m	33'20"/km
13.	76	00:04:33	02:10:06	175m	26'00"/km
14.	71	00:03:45	02:13:51	212m	17'41"/km
15.	90	00:04:05	02:17:56	101m	40'26"/km
16.	999	00:00:20	02:18:16	101m	3'18"/km

Orienteering Software