



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Nery Carvalho Filho

Clube de Orientação de Curitiba

Course : H Veter B

Distance : 3600m (Climbing 120m)

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not classified

[Full result on Webres](#)

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|------------------------------|---------|
| 1. Sérgio Hiroshi Nonomura | 1:39:15 |
| 2. Rodrigo Rafael De Almeida | 1:39:21 |
| 3. Wanderley Bandoch | 2:46:00 |

1.	70	00:08:25		157m	53'37"/km
2.	72	00:01:08	00:09:33	71m	15'58"/km
3.	109	00:11:29	00:21:02	249m	46'07"/km
4.	115	00:10:54	00:31:56	161m	67'42"/km
5.	118	00:08:56	00:40:52	65m	137'26"/km
6.	119	00:07:39	00:48:31	128m	59'46"/km
7.	122	00:11:27	00:59:58	207m	55'19"/km
8.	120	00:02:04	01:02:02	67m	30'51"/km
9.	125	00:12:08	01:14:10	317m	38'17"/km
10.	127	00:16:46	01:30:56	199m	84'15"/km
11.	129	00:05:09	01:36:05	96m	53'39"/km
12.	92	00:05:36	01:41:41	224m	25'00"/km
13.	95	00:10:51	01:52:32	127m	85'26"/km
14.	94	00:01:42	01:54:14	112m	15'11"/km
15.	90	00:12:08	02:06:22		
16.	999	00:00:23	02:06:45	101m	3'48"/km

HELGA

Orienteering Software