



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Wanderley Bandoch

Clube de Orientação Gralha Azul

Circuit : H Veter B

Distance : 3600m (Dénivelé 120m)

Temps : 2:46:00 (46'07"/km)

3/4

O.K.

[Résultats complets sur Webres](#)

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|------------------------------|---------|
| 1. Sérgio Hiroshi Nonomura | 1:39:15 |
| 2. Rodrigo Rafael De Almeida | 1:39:21 |

1.	70	00:05:38		157m	35'53"/km
2.	72	00:01:44	00:07:22	71m	24'25"/km
3.	109	00:09:03	00:16:25	249m	36'21"/km
4.	115	00:20:52	00:37:17	161m	129'36"/km
5.	118	00:14:27	00:51:44	65m	222'18"/km
6.	119	00:06:45	00:58:29	128m	52'44"/km
7.	122	00:07:30	01:05:59	207m	36'14"/km
8.	120	00:03:26	01:09:25	67m	51'15"/km
9.	125	00:07:20	01:16:45	317m	23'08"/km
10.	127	00:15:01	01:31:46	199m	75'28"/km
11.	129	00:02:33	01:34:19	96m	26'34"/km
12.	92	00:05:05	01:39:24	224m	22'42"/km
13.	95	00:05:10	01:44:34	127m	40'41"/km
14.	94	00:04:54	01:49:28	112m	43'45"/km
15.	80	00:13:50	02:03:18	92m	150'22"/km
16.	107	00:11:12	02:14:30	343m	32'39"/km
17.	103	00:10:17	02:24:47	166m	61'57"/km
18.	76	00:07:37	02:32:24	170m	44'48"/km
19.	74	00:07:46	02:40:10	202m	38'27"/km
20.	71	00:02:49	02:42:59	124m	22'43"/km
21.	90	00:02:27	02:45:26	101m	24'15"/km
22.	999	00:00:34	02:46:00	101m	5'37"/km

Orienteering Software