



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Cesar De Oliveira Cavalcanti

Clube de Orientação Gralha Azul

Course : H Adulto B

Distance : 4000m (Climbing 130m)

Time : 2:24:10 (36'03"/km)

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O.K.

[Full result on Webres](#)

1. Luiz Carlos Schumaker Filho	1:49:37
2. Rafael Corrêa Guiraud	2:05:38
3. Alexandre Do Nascimento	2:15:40

1.	70	00:08:19		157m	52'58"/km
2.	74	00:10:29	00:18:48	121m	86'38"/km
3.	76	00:17:02	00:35:50	202m	84'19"/km
4.	105	00:05:17	00:41:07	223m	23'42"/km
5.	104	00:05:10	00:46:17	109m	47'24"/km
6.	107	00:07:35	00:53:52	323m	23'29"/km
7.	109	00:04:55	00:58:47	253m	19'26"/km
8.	115	00:04:24	01:03:11	161m	27'20"/km
9.	118	00:03:43	01:06:54	65m	57'11"/km
10.	117	00:07:20	01:14:14	126m	58'12"/km
11.	122	00:04:57	01:19:11	207m	23'55"/km
12.	120	00:01:41	01:20:52	67m	25'07"/km
13.	125	00:06:02	01:26:54	317m	19'02"/km
14.	127	00:09:03	01:35:57	199m	45'29"/km
15.	97	00:01:38	01:37:35	56m	29'10"/km
16.	96	00:02:20	01:39:55	99m	23'34"/km
17.	92	00:03:43	01:43:38	176m	21'07"/km
18.	95	00:04:59	01:48:37	127m	39'14"/km
19.	94	00:03:50	01:52:27	112m	34'14"/km
20.	80	00:05:11	01:57:38	92m	56'20"/km
21.	75	00:19:40	02:17:18	331m	59'25"/km
22.	71	00:04:55	02:22:13	181m	27'10"/km
23.	90	00:01:39	02:23:52	101m	16'20"/km
24.	999	00:00:18	02:24:10	101m	2'58"/km

Orienteering Software