



Treino de Orientação e Bike - COC e Equipe Os Pamônhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Claudemiro Alves Dos Santos

Clube de Orientação Gralha Azul

Percurso : H Senior A

Distancia : 4300m (Desnivel 180m)

Tempo : 2:25:36 (33'52"/km)

7/7

O.K.

[Resultados completos em Webres](#)

1. Marcelo Fernandes Pereira	1:29:53
2. Symone Hernandes	1:41:59
3. Luiz Sergio Mendes	1:42:20

1.	70	00:05:07		157m	32'35"/km
2.	71	00:01:22	00:06:29	157m	8'42"/km
3.	76	00:02:07	00:08:36	212m	9'59"/km
4.	102	00:04:19	00:12:55	238m	18'08"/km
5.	72	00:01:06	00:14:01	79m	13'55"/km
6.	79	00:02:58	00:16:59	236m	12'34"/km
7.	95	00:02:47	00:19:46	189m	14'44"/km
8.	116	00:21:32	00:41:18	366m	58'50"/km
9.	114	00:08:46	00:50:04	201m	43'37"/km
10.	118	00:05:10	00:55:14	146m	35'23"/km
11.	113	00:02:51	00:58:05	131m	21'45"/km
12.	112	00:08:35	01:06:40	141m	60'52"/km
13.	123	00:09:56	01:16:36	181m	54'53"/km
14.	126	00:01:33	01:18:09	63m	24'36"/km
15.	124	00:00:06	01:18:15		
16.	121	00:03:19	01:21:34	79m	41'59"/km
17.	125	00:07:06	01:28:40	495m	14'21"/km
18.	128	00:03:58	01:32:38	189m	20'59"/km
19.	127	00:02:20	01:34:58	59m	39'33"/km
20.	93	00:23:33	01:58:31	167m	141'01"/km
21.	80	00:06:14	02:04:45	206m	30'16"/km
22.	74	00:15:00	02:19:45	304m	49'21"/km
23.	90	00:05:21	02:25:06	186m	28'46"/km
24.	999	00:00:30	02:25:36	101m	4'57"/km

Orienteering Software