



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Edemar Paris

Clube de Orientação de Curitiba

Circuit : H Senior A

Distance : 4300m (Dénivelé 180m)

Temps : 2:05:11 (29'07"/km)

6/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------------|---------|
| 1. Marcelo Fernandes Pereira | 1:29:53 |
| 2. Symone Hernandes | 1:41:59 |
| 3. Luiz Sergio Mendes | 1:42:20 |

1.	70	00:04:15		157m	27'04"/km
2.	71	00:01:58	00:06:13	157m	12'32"/km
3.	76	00:08:25	00:14:38	212m	39'42"/km
4.	102	00:04:58	00:19:36	238m	20'52"/km
5.	72	00:01:43	00:21:19	79m	21'44"/km
6.	79	00:04:58	00:26:17	236m	21'03"/km
7.	95	00:04:08	00:30:25	189m	21'52"/km
8.	116	00:12:47	00:43:12	366m	34'56"/km
9.	114	00:12:49	00:56:01	201m	63'46"/km
10.	118	00:05:14	01:01:15	146m	35'51"/km
11.	113	00:04:01	01:05:16	131m	30'40"/km
12.	112	00:05:12	01:10:28	141m	36'53"/km
13.	123	00:06:55	01:17:23	181m	38'13"/km
14.	126	00:04:55	01:22:18	63m	78'03"/km
15.	121	00:02:48	01:25:06	79m	35'27"/km
16.	125	00:07:26	01:32:32	495m	15'01"/km
17.	128	00:08:42	01:41:14	189m	46'02"/km
18.	127	00:03:49	01:45:03	59m	64'41"/km
19.	93	00:04:29	01:49:32	167m	26'51"/km
20.	80	00:07:20	01:56:52	206m	35'36"/km
21.	74	00:05:23	02:02:15	304m	17'43"/km
22.	90	00:02:26	02:04:41	186m	13'05"/km

Orienteering Software