



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

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Clube de Orientação de Curitiba

Circuit : D Master A

Distance : 4500m (Dénivelé 160m)

Temps : 2:49:54 (37'45"/km)

5/9

O.K.

[Résultats complets sur Webres](#)

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|------------------------------|---------|
| 1. Josiane Martinha Do Prado | 1:35:33 |
| 2. Edlaine Gomes Carneiro | 2:41:28 |
| 3. Valdinéia Lopes Da Silva | 2:46:29 |

1.	80	00:06:33		253m	25'53"/km
2.	101	00:24:01	00:30:34	241m	99'39"/km
3.	115	00:11:15	00:41:49	122m	92'13"/km
4.	118	00:02:17	00:44:06	65m	35'08"/km
5.	114	00:13:56	00:58:02	146m	95'26"/km
6.	116	00:12:31	01:10:33	201m	62'16"/km
7.	104	00:19:19	01:29:52	522m	37'00"/km
8.	112	00:02:23	01:32:15	135m	17'39"/km
9.	123	00:09:31	01:41:46	181m	52'35"/km
10.	124	00:02:38	01:44:24	63m	41'48"/km
11.	121	00:03:03	01:47:27	79m	38'36"/km
12.	125	00:08:25	01:55:52	495m	17'00"/km
13.	128	00:07:17	02:03:09	189m	38'32"/km
14.	96	00:09:17	02:12:26	149m	62'18"/km
15.	92	00:04:20	02:16:46	176m	24'37"/km
16.	91	00:06:30	02:23:16	91m	71'26"/km
17.	95	00:02:15	02:25:31	55m	40'55"/km
18.	94	00:03:09	02:28:40	112m	28'08"/km
19.	70	00:08:44	02:37:24	309m	28'16"/km
20.	102	00:02:58	02:40:22	145m	20'28"/km
21.	76	00:04:41	02:45:03	238m	19'41"/km
22.	71	00:02:52	02:47:55	212m	13'31"/km
23.	90	00:01:39	02:49:34	101m	16'20"/km
24.	999	00:00:20	02:49:54	101m	3'18"/km

Orienteering Software