



Treino de Orientação e Bike - COC e Equipe Os Pamonhas

Rancho Baggio - Alm Tamandaré 23.2.2025

Clube de Orientação de Curitiba

Josiane Martinha Do Prado

Clube de Orientação de Curitiba

Course : D Master A

Distance : 4500m (Climbing 160m)

Time : 1:35:33 (21'14"/km)

1/9

O.K.

[Full result on Webres](#)

2. Edlaine Gomes Carneiro

2:41:28

3. Valdinéia Lopes Da Silva

2:46:29

1.	80	00:04:11		253m	16'32"/km
2.	101	00:04:51	00:09:02	241m	20'07"/km
3.	115	00:05:05	00:14:07	122m	41'40"/km
4.	118	00:01:06	00:15:13	65m	16'55"/km
5.	114	00:05:43	00:20:56	146m	39'09"/km
6.	116	00:05:22	00:26:18	201m	26'42"/km
7.	104	00:16:28	00:42:46	522m	31'33"/km
8.	112	00:06:00	00:48:46	135m	44'27"/km
9.	123	00:04:24	00:53:10	181m	24'19"/km
10.	124	00:01:31	00:54:41	63m	24'04"/km
11.	121	00:01:46	00:56:27	79m	22'22"/km
12.	125	00:05:40	01:02:07	495m	11'27"/km
13.	128	00:04:52	01:06:59	189m	25'45"/km
14.	96	00:03:52	01:10:51	149m	25'57"/km
15.	92	00:03:08	01:13:59	176m	17'48"/km
16.	91	00:04:25	01:18:24	91m	48'32"/km
17.	95	00:01:26	01:19:50	55m	26'04"/km
18.	94	00:02:28	01:22:18	112m	22'01"/km
19.	70	00:04:45	01:27:03	309m	15'22"/km
20.	102	00:02:06	01:29:09	145m	14'29"/km
21.	76	00:03:20	01:32:29	238m	14'00"/km
22.	71	00:01:50	01:34:19	212m	8'39"/km
23.	90	00:00:57	01:35:16	101m	9'24"/km
24.	999	00:00:17	01:35:33	101m	2'48"/km

Orienteering Software