



# 1º Treino COABOM

## Recanto Rancho Verde 23.2.2025

### Clube de Orientação Amigos dos Bombeiros

#### Nilton Hideki Okada

Clube de Orientação Amigos dos Bombeiros

Course : H21A-2

Distance : 5200m

Time : 3:14:36 (37'25"/km)

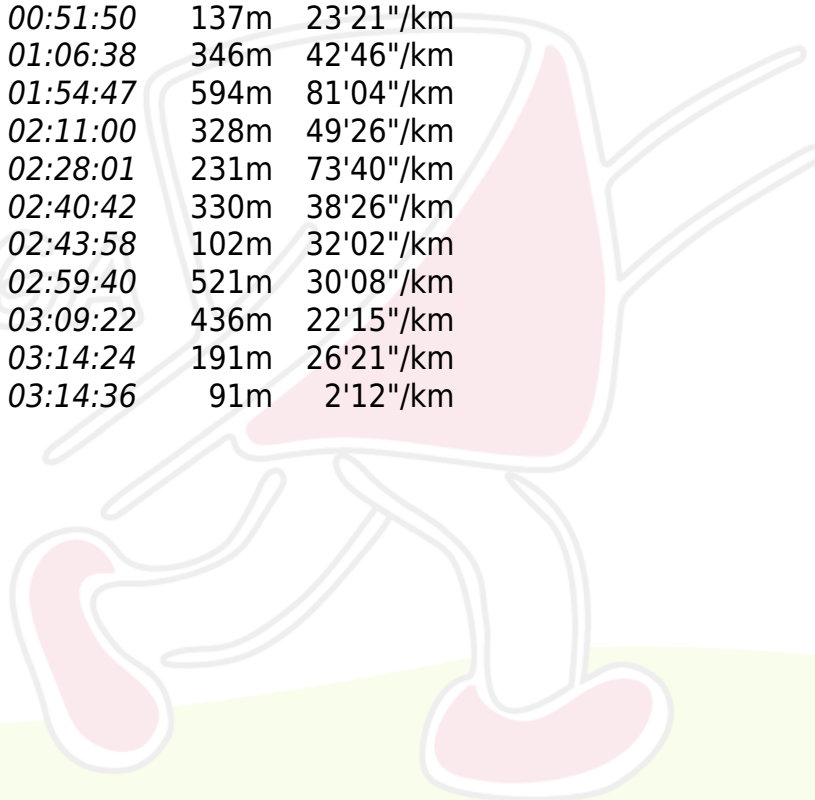
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O.K.

[Full result on Webres](#)

- |                             |         |
|-----------------------------|---------|
| 1. Hugo De Oliveira Bazílio | 1:49:48 |
| 2. Paulo Pereira Junior     | 2:05:25 |
| 3. Juliano Costa Freitas    | 2:06:32 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 38  | 00:06:35 |          | 139m | 47'22"/km |
| 2.  | 31  | 00:04:56 | 00:11:31 | 312m | 15'49"/km |
| 3.  | 36  | 00:17:22 | 00:28:53 | 573m | 30'18"/km |
| 4.  | 32  | 00:05:29 | 00:34:22 | 246m | 22'17"/km |
| 5.  | 34  | 00:05:36 | 00:39:58 | 127m | 44'06"/km |
| 6.  | 33  | 00:08:40 | 00:48:38 | 504m | 17'12"/km |
| 7.  | 48  | 00:03:12 | 00:51:50 | 137m | 23'21"/km |
| 8.  | 49  | 00:14:48 | 01:06:38 | 346m | 42'46"/km |
| 9.  | 43  | 00:48:09 | 01:54:47 | 594m | 81'04"/km |
| 10. | 46  | 00:16:13 | 02:11:00 | 328m | 49'26"/km |
| 11. | 47  | 00:17:01 | 02:28:01 | 231m | 73'40"/km |
| 12. | 52  | 00:12:41 | 02:40:42 | 330m | 38'26"/km |
| 13. | 44  | 00:03:16 | 02:43:58 | 102m | 32'02"/km |
| 14. | 40  | 00:15:42 | 02:59:40 | 521m | 30'08"/km |
| 15. | 39  | 00:09:42 | 03:09:22 | 436m | 22'15"/km |
| 16. | 42  | 00:05:02 | 03:14:24 | 191m | 26'21"/km |
| 17. | 999 | 00:00:12 | 03:14:36 | 91m  | 2'12"/km  |



Orienteering Software