



1º Treino COABOM
Recanto Rancho Verde 23.2.2025
Clube de Orientação Amigos dos Bombeiros

Rheila Cristina Borges Gouveia

Clube de Orientação Amigos dos
Bombeiros

Course : D21A

Distance : 4400m

Time : 1:35:20 (21'40"/km)

1/6

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 2. Bianca Vilela de Almeida | 1:41:33 |
| 3. Giselda Maria Monteiro Barbosa | 1:45:06 |

1.	37	00:09:26		293m	32'12"/km
2.	31	00:05:26	00:14:52	459m	11'50"/km
3.	48	00:04:47	00:19:39	274m	17'27"/km
4.	33	00:06:35	00:26:14	137m	48'03"/km
5.	36	00:07:08	00:33:22	358m	19'56"/km
6.	35	00:05:56	00:39:18	191m	31'04"/km
7.	43	00:13:07	00:52:25	741m	17'42"/km
8.	46	00:09:47	01:02:12	328m	29'50"/km
9.	47	00:09:03	01:11:15	231m	39'11"/km
10.	44	00:09:39	01:20:54	405m	23'50"/km
11.	51	00:06:01	01:26:55	316m	19'02"/km
12.	39	00:04:41	01:31:36	421m	11'07"/km
13.	42	00:03:34	01:35:10	191m	18'40"/km
14.	999	00:00:10	01:35:20	91m	1'50"/km

Orienteering Software