

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Tom MAYERES

Hermathenae

Percorso : H:± 4 Km

Distancia : 4160m (Desnivel 145m)

Tempo : 0:52:08 (12'32"/km)

3/14

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------|---------|
| 1. Michael BROUWIER | 0:40:04 |
| 2. Bernard FRANCHIMONT | 0:48:31 |

1.	129	00:02:34		233m	11'01"/km
2.	125	00:08:48	00:11:22	326m	27'00"/km
3.	124	00:02:42	00:14:04	211m	12'48"/km
4.	123	00:02:21	00:16:25	212m	11'05"/km
5.	110	00:04:50	00:21:15	463m	10'26"/km
6.	121	00:02:05	00:23:20	171m	12'11"/km
7.	120	00:04:06	00:27:26	324m	12'39"/km
8.	119	00:02:34	00:30:00	179m	14'20"/km
9.	118	00:05:18	00:35:18	347m	15'16"/km
10.	110	00:05:14	00:40:32	303m	17'16"/km
11.	109	00:03:53	00:44:25	272m	14'17"/km
12.	108	00:02:21	00:46:46	257m	9'09"/km
13.	107	00:02:58	00:49:44	317m	9'22"/km
14.	999	00:02:24	00:52:08	233m	10'18"/km

HELGA

Orienteering Software