

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Michel VAN LAAR

Hermathenae

Course : H:± 6 Km

Distance : 6520m (Climbing 190m)

Time : 1:11:15 (10'56"/km)

5/13

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Mathis BROUWIER | 0:45:35 |
| 2. François HANZEN | 0:49:12 |
| 3. Victor BROUWIER | 0:51:17 |

1.	129	00:02:57		233m	12'40"/km
2.	128	00:02:04	00:05:01	134m	15'25"/km
3.	127	00:03:38	00:08:39	325m	11'11"/km
4.	126	00:05:28	00:14:07	317m	17'15"/km
5.	125	00:03:42	00:17:49	230m	16'05"/km
6.	124	00:02:43	00:20:32	211m	12'53"/km
7.	123	00:02:37	00:23:09	212m	12'21"/km
8.	110	00:04:12	00:27:21	463m	9'04"/km
9.	121	00:01:16	00:28:37	171m	7'24"/km
10.	120	00:02:43	00:31:20	324m	8'23"/km
11.	119	00:01:28	00:32:48	179m	8'12"/km
12.	118	00:02:53	00:35:41	347m	8'19"/km
13.	117	00:01:26	00:37:07	214m	6'42"/km
14.	116	00:01:51	00:38:58	153m	12'05"/km
15.	115	00:02:49	00:41:47	193m	14'36"/km
16.	114	00:04:49	00:46:36	319m	15'06"/km
17.	113	00:04:56	00:51:32	315m	15'40"/km
18.	112	00:03:10	00:54:42	342m	9'16"/km
19.	111	00:04:17	00:58:59	122m	35'07"/km
20.	110	00:03:20	01:02:19	244m	13'40"/km
21.	109	00:02:10	01:04:29	272m	7'58"/km
22.	108	00:02:15	01:06:44	257m	8'45"/km
23.	107	00:02:40	01:09:24	317m	8'25"/km
24.	999	00:01:51	01:11:15	233m	7'56"/km

Orienteering Software