

## Entraînement 3 circuits

**Banneux 2.2.2025**

**Hermathenae**

**Valérie WAMBERSY**

Hermathenae

Strecke : D:± 4 Km

Länge : 4160m (Steigung 145m)

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nicht klassiert

[Vollständige Ergebnisse auf Webres](#)

- |                            |         |
|----------------------------|---------|
| 1. Véronique GOIRE         | 0:50:08 |
| 2. Violette MAYERES        | 0:52:18 |
| 3. Bernadette VANDERMEULEN | 1:02:58 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 129 | 00:09:14 |          | 233m | 39'38"/km |
| 2.  | 125 | 00:09:10 | 00:18:24 | 326m | 28'07"/km |
| 3.  | 124 | 00:08:14 | 00:26:38 | 211m | 39'01"/km |
| 4.  | 123 | 00:06:33 | 00:33:11 | 212m | 30'54"/km |
| 5.  | 110 | 00:14:06 | 00:47:17 | 463m | 30'27"/km |
| 6.  | 121 | 00:06:58 | 00:54:15 | 171m | 40'44"/km |
| 7.  | 120 | 00:08:22 | 01:02:37 | 324m | 25'49"/km |
| 8.  | 118 | 00:14:00 | 01:16:37 |      |           |
| 9.  | 110 | 00:08:30 | 01:25:07 | 303m | 28'03"/km |
| 10. | 109 | 00:05:27 | 01:30:34 | 272m | 20'02"/km |
| 11. | 108 | 00:05:29 | 01:36:03 | 257m | 21'20"/km |
| 12. | 107 | 00:06:04 | 01:42:07 | 317m | 19'08"/km |
| 13. | 999 | 00:05:48 | 01:47:55 | 233m | 24'54"/km |

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Orienteering Software