

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Nathalie GRANDJEAN

Hermathenae

Omloop : D:± 4 Km

Afstand : 4160m (Hoogteverschil 145m)

Tijd : 2:15:58 (32'41"/km)

9/10

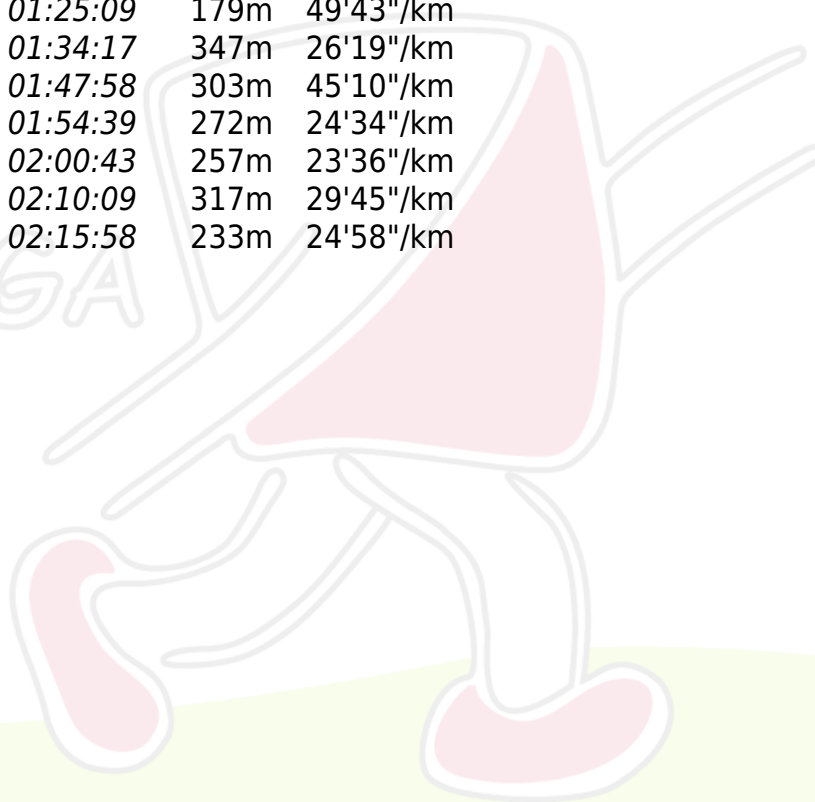
O.K.

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|----------------------------|---------|
| 1. Véronique GOIRE | 0:50:08 |
| 2. Violette MAYERES | 0:52:18 |
| 3. Bernadette VANDERMEULEN | 1:02:58 |

1.	129	00:06:55		233m	29'41"/km
2.	125	00:24:34	00:31:29	326m	75'21"/km
3.	124	00:09:03	00:40:32	211m	42'53"/km
4.	123	00:09:49	00:50:21	212m	46'18"/km
5.	110	00:12:02	01:02:23	463m	25'59"/km
6.	121	00:04:55	01:07:18	171m	28'45"/km
7.	120	00:08:57	01:16:15	324m	27'37"/km
8.	119	00:08:54	01:25:09	179m	49'43"/km
9.	118	00:09:08	01:34:17	347m	26'19"/km
10.	110	00:13:41	01:47:58	303m	45'10"/km
11.	109	00:06:41	01:54:39	272m	24'34"/km
12.	108	00:06:04	02:00:43	257m	23'36"/km
13.	107	00:09:26	02:10:09	317m	29'45"/km
14.	999	00:05:49	02:15:58	233m	24'58"/km

HELGA



Orienteering Software