

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Françoise CHATELAIN-NANOUX

Hermathenae

Circuit : D:± 4 Km

Distance : 4160m (Dénivelé 145m)

Temps : 2:02:11 (29'22"/km)

8/10

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------------|---------|
| 1. Véronique GOIRE | 0:50:08 |
| 2. Violette MAYERES | 0:52:18 |
| 3. Bernadette VANDERMEULEN | 1:02:58 |

1.	129	00:07:13		233m	30'58"/km
2.	128	00:05:34	00:12:47	134m	41'33"/km
3.	125	00:13:57	00:26:44		
4.	124	00:07:44	00:34:28	211m	36'39"/km
5.	123	00:05:19	00:39:47	212m	25'05"/km
6.	110	00:10:30	00:50:17	463m	22'41"/km
7.	121	00:06:02	00:56:19	171m	35'17"/km
8.	120	00:09:45	01:06:04	324m	30'06"/km
9.	119	00:07:23	01:13:27	179m	41'15"/km
10.	118	00:11:38	01:25:05	347m	33'32"/km
11.	110	00:08:58	01:34:03	303m	29'36"/km
12.	109	00:06:27	01:40:30	272m	23'43"/km
13.	108	00:06:33	01:47:03	257m	25'29"/km
14.	107	00:08:37	01:55:40	317m	27'11"/km
15.	999	00:06:31	02:02:11	233m	27'58"/km

Orienteering Software