

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Gelica DALON

Hermathenae

Omloop : D:± 4 Km

Afstand : 4160m (Hoogteverschil 145m)

Tijd : 1:13:22 (17'38"/km)

5/10

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------------|---------|
| 1. Véronique GOIRE | 0:50:08 |
| 2. Violette MAYERES | 0:52:18 |
| 3. Bernadette VANDERMEULEN | 1:02:58 |

1.	129	00:04:08		233m	17'44"/km
2.	125	00:06:43	00:10:51	326m	20'36"/km
3.	124	00:05:06	00:15:57	211m	24'10"/km
4.	123	00:05:15	00:21:12	212m	24'46"/km
5.	110	00:06:00	00:27:12	463m	12'58"/km
6.	121	00:03:20	00:30:32	171m	19'30"/km
7.	120	00:06:01	00:36:33	324m	18'34"/km
8.	119	00:03:19	00:39:52	179m	18'32"/km
9.	118	00:05:34	00:45:26	347m	16'03"/km
10.	110	00:07:08	00:52:34	303m	23'33"/km
11.	109	00:05:44	00:58:18	272m	21'05"/km
12.	108	00:04:37	01:02:55	257m	17'58"/km
13.	107	00:07:00	01:09:55	317m	22'05"/km
14.	999	00:03:27	01:13:22	233m	14'48"/km

HELGA

Orienteering Software