

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Bernadette VANDERMEULEN

CO Liège

Omloop : D:± 4 Km

Afstand : 4160m (Hoogteverschil 145m)

Tijd : 1:02:58 (15'08"/km)

3/10

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Véronique GOIRE | 0:50:08 |
| 2. Violette MAYERES | 0:52:18 |

1.	129	00:03:53		233m	16'40"/km
2.	125	00:05:40	00:09:33	326m	17'23"/km
3.	124	00:03:47	00:13:20	211m	17'56"/km
4.	123	00:03:15	00:16:35	212m	15'20"/km
5.	110	00:06:26	00:23:01	463m	13'54"/km
6.	121	00:03:19	00:26:20	171m	19'24"/km
7.	120	00:05:41	00:32:01	324m	17'32"/km
8.	119	00:02:59	00:35:00	179m	16'40"/km
9.	118	00:05:04	00:40:04	347m	14'36"/km
10.	110	00:05:29	00:45:33	303m	18'06"/km
11.	109	00:04:42	00:50:15	272m	17'17"/km
12.	108	00:04:06	00:54:21	257m	15'57"/km
13.	107	00:04:40	00:59:01	317m	14'43"/km
14.	999	00:03:57	01:02:58	233m	16'57"/km

HELGA

Orienteering Software