

Entraînement 3 circuits

Banneux 2.2.2025

Hermathenae

Véronique GOIRE

Hermathenae

Course : D:± 4 Km

Distance : 4160m (Climbing 145m)

Time : 0:50:08 (12'03"/km)

1/10

O.K.

[Full result on Webres](#)

2. Violette MAYERES

0:52:18

3. Bernadette VANDERMEULEN

1:02:58

1.	129	00:02:06		233m	9'01"/km
2.	125	00:11:16	00:13:22	326m	34'34"/km
3.	124	00:02:43	00:16:05	211m	12'53"/km
4.	123	00:02:19	00:18:24	212m	10'56"/km
5.	110	00:04:04	00:22:28	463m	8'47"/km
6.	121	00:02:08	00:24:36	171m	12'29"/km
7.	120	00:03:32	00:28:08	324m	10'54"/km
8.	119	00:02:30	00:30:38	179m	13'58"/km
9.	118	00:03:43	00:34:21	347m	10'43"/km
10.	110	00:04:10	00:38:31	303m	13'45"/km
11.	109	00:02:35	00:41:06	272m	9'30"/km
12.	108	00:03:01	00:44:07	257m	11'44"/km
13.	107	00:03:19	00:47:26	317m	10'28"/km
14.	999	00:02:42	00:50:08	233m	11'35"/km

HELGA

Orienteering Software