



Nationale Middel - De Lieteberg

Zutendaal 23.2.2025

Omega

Ruben SEBA

CO Liège

Omloop : SD

Afstand : 3540m

Tijd : 1:04:08 (18'07"/km)

8/14

O.K.

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- | | |
|---------------------|---------|
| 1. Masja VAN DE VEN | 0:36:08 |
| 2. Sien VERDEYEN | 0:37:50 |
| 3. Alfons BAKELANTS | 0:43:03 |

1.	141	00:08:10		718m	11'22"/km
2.	168	00:17:26	00:25:36	290m	60'07"/km
3.	180	00:03:33	00:29:09	231m	15'22"/km
4.	131	00:04:58	00:34:07	413m	12'02"/km
5.	181	00:01:57	00:36:04	151m	12'55"/km
6.	132	00:00:57	00:37:01	88m	10'48"/km
7.	158	00:02:21	00:39:22	232m	10'08"/km
8.	157	00:01:28	00:40:50	151m	9'43"/km
9.	146	00:11:54	00:52:44	244m	48'46"/km
10.	178	00:03:05	00:55:49	213m	14'29"/km
11.	174	00:01:49	00:57:38		
12.	137	00:01:46	00:59:24		
13.	185	00:02:05	01:01:29	178m	11'42"/km
14.	165	00:02:09	01:03:38	267m	8'03"/km
15.	999	00:00:30	01:04:08	104m	4'48"/km

HELGA
Orienteering Software