



Nationale Middel - De Lieteberg

Zutendaal 23.2.2025

Omega

Ivo TIMMERMANS

K.O.L.

Course : H75

Distance : 2940m

Time : 0:30:32 (10'23"/km)

2/12

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Freddy SILLIEN | 0:28:23 |
| 3. Mike IN 'T GROEN | 0:33:57 |

1.	133	00:04:35		492m	9'19"/km
2.	169	00:03:27	00:08:02	270m	12'47"/km
3.	157	00:01:17	00:09:19	108m	11'53"/km
4.	159	00:02:14	00:11:33	197m	11'20"/km
5.	147	00:01:38	00:13:11	186m	8'47"/km
6.	181	00:01:29	00:14:40	123m	12'04"/km
7.	132	00:01:02	00:15:42	88m	11'45"/km
8.	131	00:01:16	00:16:58	134m	9'27"/km
9.	158	00:02:06	00:19:04	147m	14'17"/km
10.	141	00:02:09	00:21:13	131m	16'25"/km
11.	179	00:03:01	00:24:14	261m	11'33"/km
12.	170	00:01:59	00:26:13	181m	10'57"/km
13.	145	00:01:34	00:27:47	152m	10'18"/km
14.	165	00:02:16	00:30:03	231m	9'49"/km
15.	999	00:00:29	00:30:32	104m	4'39"/km

HELGA
Orienteering Software