



Nationale Middel - De Lieteberg

Zutendaal 23.2.2025

Omega

Ellen DESCHEPPER

TROL

Course : D45

Distance : 4140m

Time : 1:00:16 (14'33"/km)

6/7

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Aline HERMANS | 0:32:27 |
| 2. Liesbet ROMMENS | 0:48:50 |
| 3. Annelies GEBOERS | 0:48:52 |

1.	112	01:33:11		
2.	113	00:06:30	01:39:41	
3.	114	00:13:54	01:53:35	
4.	116	00:06:41	02:00:16	
5.	117	00:07:46	02:08:02	
6.	118	00:12:27	02:20:29	
7.	119	00:06:09	02:26:38	
8.	111	00:09:08	02:35:46	
9.	120	00:10:40	02:46:26	
10.	115	00:11:42	02:58:08	
11.	92	00:08:45	03:06:53	
12.	95	00:04:01	03:10:54	
13.	74	00:02:10	03:13:04	
14.	108	00:02:22	03:15:26	
15.	141	00:00:00	03:15:26	
16.	173	00:01:31	03:16:57	87m 17'26"/km
17.	159	00:04:27	03:21:24	264m 16'51"/km
18.	131	00:03:14	03:24:38	138m 23'26"/km
19.	162	00:03:16	03:27:54	230m 14'12"/km
20.	184	00:03:44	03:31:38	219m 17'03"/km
21.	183	00:02:43	03:34:21	170m 15'59"/km
22.	139	00:05:01	03:39:22	389m 12'54"/km
23.	158	00:04:09	03:43:31	203m 20'27"/km
24.	148	00:04:02	03:47:33	327m 12'20"/km
25.	149	00:03:36	03:51:09	196m 18'22"/km
26.	136	00:06:10	03:57:19	341m 18'05"/km
27.	174	00:01:29	03:58:48	115m 12'54"/km
28.	185	00:04:15	04:03:03	242m 17'34"/km
29.	165	00:02:48	04:05:51	267m 10'29"/km
30.	999	00:00:47	04:06:38	104m 7'32"/km