



# Nationale Middel - De Lieteberg

Zutendaal 23.2.2025

Omega

**Caroline BLOCKX**

CO Liège

Omloop : D40

Afstand : 4710m

Tijd : 1:18:12 (16'36"/km)

6/6

O.K.

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- |                     |         |
|---------------------|---------|
| 1. Lieke VAN OPSTAL | 0:42:25 |
| 2. Sofie HERREMANS  | 0:43:54 |
| 3. Marieke ADDIERS  | 0:45:12 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 142 | 00:39:44 |          | 649m | 61'13"/km |
| 2.  | 169 | 00:01:49 | 00:41:33 | 131m | 13'52"/km |
| 3.  | 163 | 00:03:18 | 00:44:51 | 290m | 11'23"/km |
| 4.  | 164 | 00:02:40 | 00:47:31 | 268m | 9'57"/km  |
| 5.  | 158 | 00:02:57 | 00:50:28 | 361m | 8'10"/km  |
| 6.  | 148 | 00:02:53 | 00:53:21 | 327m | 8'49"/km  |
| 7.  | 149 | 00:02:10 | 00:55:31 | 196m | 11'03"/km |
| 8.  | 141 | 00:03:11 | 00:58:42 | 297m | 10'43"/km |
| 9.  | 162 | 00:03:55 | 01:02:37 | 468m | 8'22"/km  |
| 10. | 143 | 00:03:55 | 01:06:32 | 308m | 12'43"/km |
| 11. | 179 | 00:05:53 | 01:12:25 | 589m | 9'59"/km  |
| 12. | 170 | 00:01:33 | 01:13:58 | 181m | 8'34"/km  |
| 13. | 185 | 00:01:38 | 01:15:36 | 139m | 11'45"/km |
| 14. | 165 | 00:02:05 | 01:17:41 | 267m | 7'48"/km  |
| 15. | 999 | 00:00:31 | 01:18:12 | 104m | 4'58"/km  |

HELGA  
Orienteering Software