



# Nationale Middel - De Lieteberg

Zutendaal 23.2.2025

Omega

**Lotte TIESTERS**

Omega

Omloop : DE

Afstand : 6020m

Tijd : 1:23:10 (13'49"/km)

2/3

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL

0:57:17

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 173 | 00:09:29 |          | 754m | 12'35"/km |
| 2.  | 159 | 00:03:49 | 00:13:18 | 264m | 14'27"/km |
| 3.  | 181 | 00:03:40 | 00:16:58 | 289m | 12'41"/km |
| 4.  | 161 | 00:02:16 | 00:19:14 | 168m | 13'30"/km |
| 5.  | 143 | 00:03:03 | 00:22:17 | 197m | 15'29"/km |
| 6.  | 167 | 00:06:34 | 00:28:51 | 458m | 14'20"/km |
| 7.  | 150 | 00:08:23 | 00:37:14 | 417m | 20'06"/km |
| 8.  | 154 | 00:02:14 | 00:39:28 | 155m | 14'25"/km |
| 9.  | 166 | 00:04:35 | 00:44:03 | 330m | 13'53"/km |
| 10. | 153 | 00:04:31 | 00:48:34 | 369m | 12'14"/km |
| 11. | 132 | 00:04:25 | 00:52:59 | 343m | 12'53"/km |
| 12. | 139 | 00:03:04 | 00:56:03 | 233m | 13'10"/km |
| 13. | 158 | 00:02:51 | 00:58:54 | 203m | 14'02"/km |
| 14. | 141 | 00:01:50 | 01:00:44 | 131m | 14'00"/km |
| 15. | 180 | 00:03:49 | 01:04:33 | 279m | 13'41"/km |
| 16. | 168 | 00:03:18 | 01:07:51 | 231m | 14'17"/km |
| 17. | 134 | 00:03:57 | 01:11:48 | 319m | 12'23"/km |
| 18. | 164 | 00:03:12 | 01:15:00 | 229m | 13'58"/km |
| 19. | 170 | 00:02:01 | 01:17:01 | 158m | 12'46"/km |
| 20. | 145 | 00:02:02 | 01:19:03 | 152m | 13'23"/km |
| 21. | 165 | 00:03:00 | 01:22:03 | 231m | 12'59"/km |
| 22. | 999 | 00:01:07 | 01:23:10 | 104m | 10'44"/km |

Orienteering Software