



# Circuito Sul Mineiro de Orientação - 1ª Etapa - Sprint

## Horto Pouso Alegre 23.2.2025

### Clube de Orientação Fernão Dias

**Paulo Sadao Araki**

COSELE

Circuit : H VET A

Distance : 2100m (Dénivelé 20m)

Temps : 0:56:17 (26'48"/km)

**4/4**

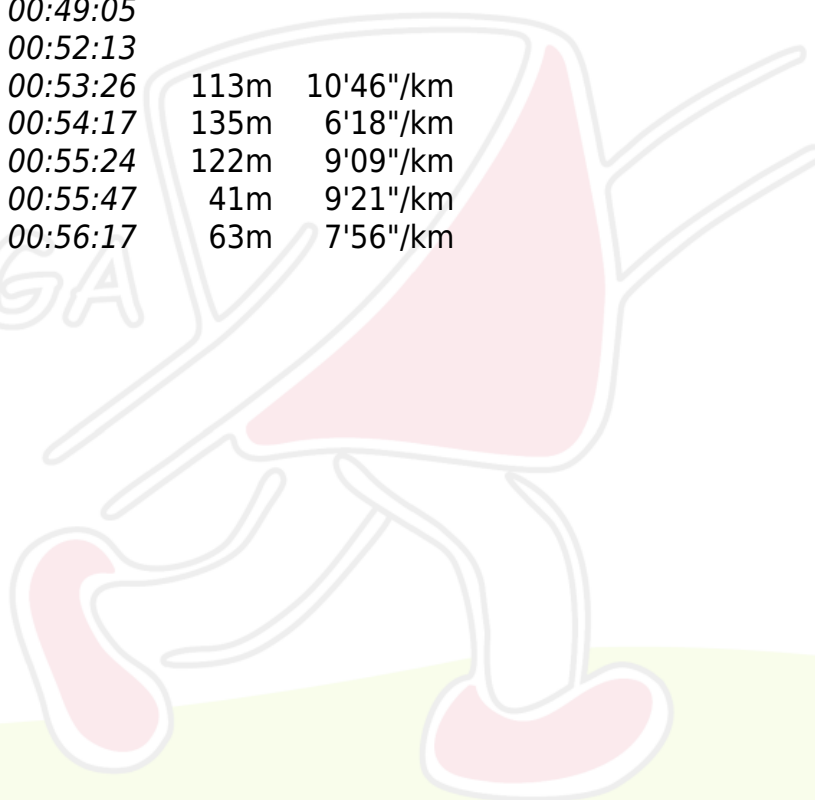
O.K.

[Résultats complets sur Webres](#)

- |                                      |         |
|--------------------------------------|---------|
| 1. Henry Charlles Lima Da Silva      | 0:30:16 |
| 2. Álvaro Roberto Cruz Ferreira Lima | 0:37:52 |
| 3. Eduardo Rosseto Antonio           | 0:42:57 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 54  | 00:01:01 |          | 35m  | 29'03"/km  |
| 2.  | 39  | 00:00:44 | 00:01:45 | 79m  | 9'17"/km   |
| 3.  | 52  | 00:05:20 | 00:07:05 | 393m | 13'34"/km  |
| 4.  | 45  | 00:31:45 | 00:38:50 | 114m | 278'31"/km |
| 5.  | 46  | 00:01:33 | 00:40:23 | 82m  | 18'54"/km  |
| 6.  | 51  | 00:04:35 | 00:44:58 | 328m | 13'58"/km  |
| 7.  | 50  | 00:02:38 | 00:47:36 | 210m | 12'32"/km  |
| 8.  | 47  | 00:01:29 | 00:49:05 |      |            |
| 9.  | 32  | 00:03:08 | 00:52:13 |      |            |
| 10. | 41  | 00:01:13 | 00:53:26 | 113m | 10'46"/km  |
| 11. | 42  | 00:00:51 | 00:54:17 | 135m | 6'18"/km   |
| 12. | 43  | 00:01:07 | 00:55:24 | 122m | 9'09"/km   |
| 13. | 33  | 00:00:23 | 00:55:47 | 41m  | 9'21"/km   |
| 14. | 999 | 00:00:30 | 00:56:17 | 63m  | 7'56"/km   |

HELGA



Orienteering Software