



Championnat FRSO Longues Distances

Chevetogne 16.2.2025

Altair Orientation

Chris SCOTT

Luxembourg Orienteering Club

Omloop : H45

Afstand : 8030m (Hoogteverschil 300m)

Tijd : 1:31:29 (11'24"/km)

4/7

O.K.

[Volledige uitslagen op Webres](#)

1. Patrick MAYERES	1:14:11
2. Kim JANSEN	1:19:20
3. Frank LEMY	1:26:24

1.	236	00:04:19		492m	8'46"/km
2.	203	00:02:49	00:07:08	280m	10'04"/km
3.	226	00:02:08	00:09:16	238m	8'58"/km
4.	202	00:02:57	00:12:13	213m	13'51"/km
5.	237	00:02:57	00:15:10	249m	11'51"/km
6.	198	00:03:19	00:18:29	344m	9'38"/km
7.	243	00:02:06	00:20:35	145m	14'29"/km
8.	244	00:02:25	00:23:00	239m	10'07"/km
9.	234	00:01:04	00:24:04	98m	10'53"/km
10.	194	00:02:48	00:26:52	384m	7'17"/km
11.	229	00:01:09	00:28:01	138m	8'20"/km
12.	214	00:06:17	00:34:18	247m	25'26"/km
13.	235	00:08:23	00:42:41	751m	11'10"/km
14.	220	00:02:55	00:45:36	296m	9'51"/km
15.	219	00:02:44	00:48:20	292m	9'22"/km
16.	238	00:01:20	00:49:40	140m	9'31"/km
17.	224	00:01:52	00:51:32	217m	8'36"/km
18.	215	00:02:53	00:54:25	219m	13'10"/km
19.	247	00:03:16	00:57:41	345m	9'28"/km
20.	218	00:02:21	01:00:02	135m	17'24"/km
21.	217	00:05:34	01:05:36	206m	27'01"/km
22.	242	00:04:07	01:09:43	263m	15'39"/km
23.	216	00:01:06	01:10:49	106m	10'23"/km
24.	240	00:02:35	01:13:24	131m	19'43"/km
25.	241	00:03:08	01:16:32	260m	12'03"/km
26.	222	00:03:34	01:20:06	322m	11'05"/km
27.	187	00:01:45	01:21:51	233m	7'31"/km
28.	223	00:02:07	01:23:58	240m	8'49"/km
29.	213	00:02:29	01:26:27	254m	9'47"/km
30.	173	00:03:26	01:29:53	287m	11'58"/km
31.	255	00:00:55	01:30:48	118m	7'46"/km
32.	999	00:00:41	01:31:29	160m	4'16"/km