



Championnat FRSO Longues Distances

Chevetogne 16.2.2025

Altair Orientation

Gaspard TOUWAIDE

LOST

Strecke : H40

Länge : 8030m (Steigung 300m)

Zeit : 1:21:51 (10'12"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Christophe BERNARD	0:59:26
2. Jean-François KRIER	1:02:49
3. Vivien THIRY	1:34:32

1.	236	00:03:46		492m	7'39"/km
2.	203	00:04:02	00:07:48	280m	14'24"/km
3.	226	00:02:45	00:10:33	238m	11'33"/km
4.	202	00:02:41	00:13:14	213m	12'36"/km
5.	237	00:02:00	00:15:14	249m	8'02"/km
6.	198	00:02:59	00:18:13	344m	8'40"/km
7.	243	00:01:44	00:19:57	145m	11'57"/km
8.	244	00:02:25	00:22:22	239m	10'07"/km
9.	234	00:01:05	00:23:27	98m	11'03"/km
10.	194	00:03:02	00:26:29	384m	7'54"/km
11.	229	00:01:17	00:27:46	138m	9'18"/km
12.	214	00:03:59	00:31:45	247m	16'08"/km
13.	235	00:06:57	00:38:42	751m	9'15"/km
14.	220	00:02:42	00:41:24	296m	9'07"/km
15.	219	00:02:31	00:43:55	292m	8'37"/km
16.	238	00:01:13	00:45:08	140m	8'41"/km
17.	224	00:04:14	00:49:22	217m	19'31"/km
18.	215	00:02:09	00:51:31	219m	9'49"/km
19.	247	00:03:29	00:55:00	345m	10'06"/km
20.	218	00:01:30	00:56:30	135m	11'07"/km
21.	217	00:01:46	00:58:16	206m	8'35"/km
22.	216	00:04:46	01:03:02	362m	13'10"/km
23.	240	00:01:59	01:05:01	131m	15'08"/km
24.	241	00:03:29	01:08:30	260m	13'24"/km
25.	222	00:03:01	01:11:31	322m	9'22"/km
26.	187	00:01:41	01:13:12	233m	7'13"/km
27.	223	00:01:49	01:15:01	240m	7'34"/km
28.	213	00:02:11	01:17:12	254m	8'36"/km
29.	173	00:02:58	01:20:10	287m	10'20"/km
30.	255	00:01:06	01:21:16	118m	9'19"/km
31.	999	00:00:35	01:21:51	160m	3'39"/km