



Championnat FRSO Longues Distances

Chevetogne 16.2.2025

Altair Orientation

Rémi DUJARDIN

ThOR

Circuit : HE

Distance : 11980m (Dénivelé 510m)

Temps : 2:37:26 (13'08"/km)

6/11

O.K.

[Résultats complets sur Webres](#)

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|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:23:43 |
| 2. Mindaugas NAKVOSAS | 1:32:59 |
| 3. Clément DEMEUSE | 1:42:46 |

1.	213	00:09:29		409m	23'11"/km
2.	214	00:03:18	00:12:47	174m	18'58"/km
3.	240	00:05:11	00:17:58	369m	14'03"/km
4.	242	00:02:00	00:19:58	205m	9'45"/km
5.	217	00:04:40	00:24:38	263m	17'45"/km
6.	218	00:03:52	00:28:30	206m	18'46"/km
7.	219	00:04:02	00:32:32	287m	14'03"/km
8.	220	00:05:46	00:38:18	292m	19'45"/km
9.	235	00:02:40	00:40:58	296m	9'01"/km
10.	224	00:03:53	00:44:51	332m	11'42"/km
11.	238	00:01:52	00:46:43	217m	8'36"/km
12.	247	00:02:57	00:49:40	246m	12'00"/km
13.	215	00:03:41	00:53:21	345m	10'41"/km
14.	216	00:01:42	00:55:03	206m	8'15"/km
15.	233	00:02:35	00:57:38	368m	7'01"/km
16.	241	00:02:48	01:00:26	228m	12'17"/km
17.	222	00:07:45	01:08:11	322m	24'04"/km
18.	221	00:06:39	01:14:50	265m	25'06"/km
19.	187	00:04:09	01:18:59	258m	16'05"/km
20.	223	00:01:56	01:20:55	240m	8'03"/km
21.	245	00:08:40	01:29:35	615m	14'06"/km
22.	197	00:01:33	01:31:08	133m	11'39"/km
23.	237	00:03:29	01:34:37	273m	12'46"/km
24.	202	00:06:16	01:40:53	249m	25'10"/km
25.	226	00:03:49	01:44:42	213m	17'55"/km
26.	203	00:02:23	01:47:05	238m	10'01"/km
27.	204	00:01:38	01:48:43	173m	9'26"/km
28.	206	00:04:54	01:53:37	509m	9'38"/km
29.	208	00:11:39	02:05:16	898m	12'58"/km
30.	311	00:04:16	02:09:32	389m	10'58"/km
31.	168	00:04:07	02:13:39	438m	9'24"/km
32.	252	00:07:42	02:21:21	460m	16'44"/km
33.	227	00:06:35	02:27:56	754m	8'44"/km
34.	243	00:03:39	02:31:35	239m	15'16"/km
35.	229	00:02:47	02:34:22	303m	9'11"/km
36.	173	00:03:04	02:37:26	294m	10'26"/km