



Championnat FRSO Longues Distances

Chevetogne 16.2.2025

Altair Orientation

James GOSSELET

ASUB

Strecke : HE

Länge : 11980m (Steigung 510m)

Zeit : 2:03:57 (10'21"/km)

5/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 1:23:43 |
| 2. Mindaugas NAKVOSAS | 1:32:59 |
| 3. Clément DEMEUSE | 1:42:46 |

1.	213	00:04:56		409m	12'04"/km
2.	214	00:02:05	00:07:01	174m	11'58"/km
3.	240	00:03:37	00:10:38	369m	9'48"/km
4.	242	00:01:49	00:12:27	205m	8'52"/km
5.	217	00:03:06	00:15:33	263m	11'47"/km
6.	218	00:02:29	00:18:02	206m	12'03"/km
7.	219	00:04:07	00:22:09	287m	14'21"/km
8.	220	00:02:16	00:24:25	292m	7'46"/km
9.	235	00:02:18	00:26:43	296m	7'46"/km
10.	224	00:03:45	00:30:28	332m	11'18"/km
11.	238	00:01:43	00:32:11	217m	7'55"/km
12.	247	00:04:37	00:36:48	246m	18'46"/km
13.	215	00:02:23	00:39:11	345m	6'54"/km
14.	216	00:01:06	00:40:17	206m	5'20"/km
15.	233	00:06:11	00:46:28	368m	16'48"/km
16.	241	00:02:54	00:49:22	228m	12'43"/km
17.	222	00:03:52	00:53:14	322m	12'00"/km
18.	221	00:03:26	00:56:40	265m	12'57"/km
19.	187	00:03:21	01:00:01	258m	12'59"/km
20.	223	00:01:47	01:01:48	240m	7'26"/km
21.	245	00:06:40	01:08:28	615m	10'50"/km
22.	197	00:01:14	01:09:42	133m	9'16"/km
23.	237	00:04:46	01:14:28	273m	17'28"/km
24.	202	00:03:13	01:17:41	249m	12'55"/km
25.	226	00:02:19	01:20:00	213m	10'53"/km
26.	203	00:01:43	01:21:43	238m	7'13"/km
27.	204	00:01:39	01:23:22	173m	9'32"/km
28.	208	00:15:41	01:39:03		
29.	311	00:02:50	01:41:53	389m	7'17"/km
30.	168	00:03:29	01:45:22	438m	7'57"/km
31.	252	00:05:01	01:50:23	460m	10'54"/km
32.	227	00:06:03	01:56:26	754m	8'01"/km
33.	243	00:01:52	01:58:18	239m	7'49"/km
34.	229	00:01:35	01:59:53	303m	5'14"/km
35.	173	00:02:42	02:02:35	294m	9'11"/km
36.	255	00:00:53	02:03:28	118m	7'29"/km

37. 999 00:00:29 02:03:57 160m 3'01"/km

