



CACTO-AL - ETAPA 1
RIO LARGO - AL 16.2.2025
CACTO

Maria Helena Dos Santos Ferreira

10TEMIDOS

Circuit : Fast Solo Feminino 60-69 anos

Distance : 6270m (Dénivelé 165m)

Temps : 1:13:10 (11'40"/km)

3/5

O.K.

[Résultats complets sur Webres](#)

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|------------------------------------|---------|
| 1. Maria Do Carmo De Lima | 0:53:17 |
| 2. Joselia Costa Alves Costa Alves | 1:01:58 |

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|----|----|-------------------|-------|-----------|---------|
| 1. | 72 | 00:35:20 | 2660m | 13'17"/km | RETORNO |
| 2. | 70 | 00:37:50 01:13:10 | 7860m | 4'49"/km | CHEGADA |

