



VALENTIJN - FOREST CUP - B.U.C.
LEOPOLDSBURG 16.2.2025
K.O.L.

Jens DEFERM

hamok

Omloop : H:05

Afstand : 3680m

Tijd : 0:41:17 (11'13"/km)

10/34

O.K.

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- | | |
|---------------------|---------|
| 1. Mathijs VERVOORT | 0:34:39 |
| 2. Ivo TIMMERMANS | 0:35:20 |
| 3. Giel PARDOEL | 0:36:05 |

1.	102	00:02:28		229m	10'46"/km
2.	150	00:06:11	00:08:39	537m	11'31"/km
3.	148	00:03:07	00:11:46	192m	16'14"/km
4.	116	00:04:12	00:15:58	245m	17'09"/km
5.	143	00:03:20	00:19:18	330m	10'06"/km
6.	124	00:02:27	00:21:45	196m	12'30"/km
7.	138	00:03:01	00:24:46	242m	12'28"/km
8.	139	00:02:09	00:26:55	150m	14'20"/km
9.	160	00:06:27	00:33:22	557m	11'35"/km
10.	163	00:02:11	00:35:33	262m	8'20"/km
11.	156	00:01:14	00:36:47	129m	9'34"/km
12.	165	00:03:02	00:39:49	271m	11'12"/km
13.	123	00:01:04	00:40:53	91m	11'43"/km
14.	999	00:00:24	00:41:17	149m	2'41"/km

HELGA

Orienteering Software