



**VALENTIJN - FOREST CUP - B.U.C.**  
**LEOPOLDSBURG 16.2.2025**  
**K.O.L.**

**Lotte TIESTERS**

KU Leuven

Omloop : D:B.U.C. dames

Afstand : 7640m

Tijd : 0:58:50 (7'42"/km)

**4/13**

O.K.

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- |                       |         |
|-----------------------|---------|
| 1. Julia KREKELS      | 0:48:55 |
| 2. Gaëlle FRONHOFFS   | 0:57:39 |
| 3. Laurence DEFRAIGNE | 0:58:23 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 166 | 00:02:36 |          | 284m | 9'09"/km  |
| 2.  | 151 | 00:02:01 | 00:04:37 | 336m | 6'00"/km  |
| 3.  | 148 | 00:03:22 | 00:07:59 | 308m | 10'56"/km |
| 4.  | 107 | 00:03:26 | 00:11:25 | 403m | 8'31"/km  |
| 5.  | 115 | 00:04:58 | 00:16:23 | 398m | 12'29"/km |
| 6.  | 122 | 00:03:32 | 00:19:55 | 495m | 7'08"/km  |
| 7.  | 125 | 00:01:49 | 00:21:44 | 124m | 14'39"/km |
| 8.  | 118 | 00:02:15 | 00:23:59 | 261m | 8'37"/km  |
| 9.  | 113 | 00:05:45 | 00:29:44 | 498m | 11'33"/km |
| 10. | 142 | 00:04:37 | 00:34:21 | 740m | 6'14"/km  |
| 11. | 160 | 00:02:08 | 00:36:29 | 424m | 5'02"/km  |
| 12. | 133 | 00:04:42 | 00:41:11 | 655m | 7'11"/km  |
| 13. | 135 | 00:02:49 | 00:44:00 | 370m | 7'37"/km  |
| 14. | 131 | 00:01:11 | 00:45:11 | 195m | 6'04"/km  |
| 15. | 130 | 00:01:16 | 00:46:27 | 192m | 6'36"/km  |
| 16. | 139 | 00:03:46 | 00:50:13 | 476m | 7'55"/km  |
| 17. | 143 | 00:01:42 | 00:51:55 | 286m | 5'57"/km  |
| 18. | 145 | 00:02:05 | 00:54:00 | 337m | 6'11"/km  |
| 19. | 155 | 00:01:38 | 00:55:38 | 230m | 7'06"/km  |
| 20. | 123 | 00:02:40 | 00:58:18 | 375m | 7'07"/km  |
| 21. | 999 | 00:00:32 | 00:58:50 | 149m | 3'35"/km  |

Orienteering Software