



**VALENTIJN - FOREST CUP - B.U.C.**  
**LEOPOLDSBURG 16.2.2025**  
**K.O.L.**

**Noore SELS**

hamok

Course : D:04

Distance : 4670m

Time : 0:54:55 (11'46"/km)

**3/24**

O.K.

[Full result on Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Kristel MERTENS | 0:46:04 |
| 2. Lena GEENEN     | 0:49:29 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 153 | 00:04:14 |          | 360m | 11'46"/km |
| 2.  | 150 | 00:05:21 | 00:09:35 | 388m | 13'47"/km |
| 3.  | 147 | 00:02:24 | 00:11:59 | 184m | 13'03"/km |
| 4.  | 116 | 00:02:49 | 00:14:48 | 252m | 11'11"/km |
| 5.  | 122 | 00:04:10 | 00:18:58 | 235m | 17'44"/km |
| 6.  | 125 | 00:02:30 | 00:21:28 | 124m | 20'10"/km |
| 7.  | 137 | 00:03:23 | 00:24:51 | 264m | 12'49"/km |
| 8.  | 130 | 00:02:15 | 00:27:06 | 367m | 6'08"/km  |
| 9.  | 131 | 00:03:05 | 00:30:11 | 192m | 16'04"/km |
| 10. | 136 | 00:04:07 | 00:34:18 | 348m | 11'50"/km |
| 11. | 140 | 00:03:38 | 00:37:56 | 287m | 12'40"/km |
| 12. | 142 | 00:01:27 | 00:39:23 | 178m | 8'09"/km  |
| 13. | 160 | 00:02:58 | 00:42:21 | 424m | 7'00"/km  |
| 14. | 163 | 00:02:46 | 00:45:07 | 262m | 10'34"/km |
| 15. | 155 | 00:02:58 | 00:48:05 | 205m | 14'28"/km |
| 16. | 154 | 00:02:00 | 00:50:05 | 103m | 19'25"/km |
| 17. | 165 | 00:03:22 | 00:53:27 | 272m | 12'23"/km |
| 18. | 123 | 00:01:03 | 00:54:30 | 91m  | 11'32"/km |
| 19. | 999 | 00:00:25 | 00:54:55 | 149m | 2'48"/km  |

Orienteering Software