

**Herman PRUMMEL**

K.O.L.

Omloop : H:Zwart Midden

Afstand : 5340m

Tijd : 1:02:52 (11'46"/km)

**24/38**

O.K.

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|                  |         |
|------------------|---------|
| 1. Nathan JANSEN | 0:34:04 |
| 2. Lou SNYERS    | 0:41:17 |
| 3. Guido TIMMERS | 0:42:47 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 145 | 00:02:56 |          | 294m | 9'59"/km  |
| 2.  | 132 | 00:01:12 | 00:04:08 | 139m | 8'38"/km  |
| 3.  | 143 | 00:02:48 | 00:06:56 | 263m | 10'39"/km |
| 4.  | 104 | 00:01:58 | 00:08:54 | 238m | 8'16"/km  |
| 5.  | 105 | 00:00:00 | 00:08:54 | 67m  | 0'00"/km  |
| 6.  | 106 | 00:01:49 | 00:10:43 | 182m | 9'59"/km  |
| 7.  | 107 | 00:03:20 | 00:14:03 | 429m | 7'46"/km  |
| 8.  | 109 | 00:02:08 | 00:16:11 | 268m | 7'58"/km  |
| 9.  | 124 | 00:03:29 | 00:19:40 | 361m | 9'39"/km  |
| 10. | 110 | 00:01:49 | 00:21:29 | 154m | 11'48"/km |
| 11. | 149 | 00:02:53 | 00:24:22 | 320m | 9'01"/km  |
| 12. | 111 | 00:01:28 | 00:25:50 |      |           |
| 13. | 112 | 00:02:45 | 00:28:35 | 292m | 9'25"/km  |
| 14. | 115 | 00:13:50 | 00:42:25 | 924m | 14'58"/km |
| 15. | 160 | 00:05:19 | 00:47:44 | 249m | 21'21"/km |
| 16. | 117 | 00:05:00 | 00:52:44 | 377m | 13'16"/km |
| 17. | 119 | 00:05:19 | 00:58:03 | 404m | 13'10"/km |
| 18. | 120 | 00:01:58 | 01:00:01 | 158m | 12'27"/km |
| 19. | 69  | 00:02:01 | 01:02:02 | 177m | 11'24"/km |
| 20. | 999 | 00:00:50 | 01:02:52 | 86m  | 9'41"/km  |

Orienteering Software