

Hans DE WIT

K.O.L.

Course : H:Zwart Lang

Distance : 7080m

Time : 1:14:17 (10'30"/km)

14/26

O.K.

[Full result on Webres](#)

1. Desmond FRANSSEN	0:45:00
2. Thomas JANSEN	0:46:40
3. Thor WOLLES	0:47:53

1.	139	00:01:58		273m	7'12"/km
2.	126	00:01:13	00:03:11	177m	6'52"/km
3.	130	00:04:12	00:07:23	359m	11'42"/km
4.	128	00:01:49	00:09:12	104m	17'28"/km
5.	102	00:07:41	00:16:53	284m	27'03"/km
6.	143	00:01:15	00:18:08	162m	7'43"/km
7.	137	00:00:55	00:19:03		
8.	104	00:02:09	00:21:12	205m	10'29"/km
9.	105	00:00:06	00:21:18	67m	1'30"/km
10.	106	00:01:17	00:22:35	182m	7'03"/km
11.	107	00:03:08	00:25:43	429m	7'18"/km
12.	108	00:02:11	00:27:54	244m	8'57"/km
13.	109	00:01:09	00:29:03	83m	13'51"/km
14.	124	00:02:28	00:31:31	361m	6'50"/km
15.	110	00:01:23	00:32:54	154m	8'59"/km
16.	138	00:01:07	00:34:01	122m	9'09"/km
17.	111	00:01:58	00:35:59	235m	8'22"/km
18.	112	00:02:42	00:38:41	292m	9'15"/km
19.	152	00:04:45	00:43:26	797m	5'58"/km
20.	115	00:03:32	00:46:58	156m	22'39"/km
21.	116	00:01:54	00:48:52	272m	6'59"/km
22.	122	00:03:21	00:52:13	306m	10'57"/km
23.	136	00:02:08	00:54:21	190m	11'14"/km
24.	123	00:00:43	00:55:04	97m	7'23"/km
25.	113	00:07:01	01:02:05	272m	25'48"/km
26.	117	00:02:58	01:05:03	182m	16'18"/km
27.	157	00:03:42	01:08:45	524m	7'04"/km
28.	120	00:02:29	01:11:14	239m	10'23"/km
29.	69	00:02:04	01:13:18	177m	11'41"/km
30.	999	00:00:59	01:14:17	86m	11'26"/km