

Kim JANSEN

Omega

Course : H:Zwart XL

Distance : 8930m

Time : 1:15:09 (8'25"/km)

6/14

O.K.

[Full result on Webres](#)

1. Nico CEUNEN	0:58:43
2. Lennert LENS	1:01:29
3. Niel DEIJGERS	1:01:40

1.	129	00:03:33		387m	9'10"/km
2.	128	00:05:47	00:09:20	337m	17'10"/km
3.	130	00:01:24	00:10:44	104m	13'28"/km
4.	102	00:02:15	00:12:59	243m	9'16"/km
5.	132	00:01:13	00:14:12	163m	7'28"/km
6.	125	00:01:29	00:15:41	180m	8'14"/km
7.	127	00:01:17	00:16:58	164m	7'50"/km
8.	137	00:01:23	00:18:21	214m	6'28"/km
9.	103	00:01:04	00:19:25	82m	13'00"/km
10.	104	00:01:26	00:20:51	203m	7'04"/km
11.	105	00:00:00	00:20:51	67m	0'00"/km
12.	106	00:01:22	00:22:13	182m	7'31"/km
13.	107	00:02:55	00:25:08	429m	6'48"/km
14.	109	00:01:40	00:26:48	268m	6'13"/km
15.	124	00:02:18	00:29:06	361m	6'22"/km
16.	110	00:01:23	00:30:29	154m	8'59"/km
17.	149	00:02:07	00:32:36	320m	6'37"/km
18.	112	00:02:25	00:35:01	247m	9'47"/km
19.	152	00:04:04	00:39:05	797m	5'06"/km
20.	153	00:02:31	00:41:36	356m	7'04"/km
21.	151	00:01:59	00:43:35	230m	8'37"/km
22.	150	00:01:04	00:44:39	83m	12'51"/km
23.	114	00:04:24	00:49:03	529m	8'19"/km
24.	115	00:02:07	00:51:10	146m	14'30"/km
25.	123	00:06:01	00:57:11	685m	8'47"/km
26.	136	00:00:40	00:57:51	97m	6'52"/km
27.	155	00:03:35	01:01:26	585m	6'08"/km
28.	156	00:03:43	01:05:09	114m	32'36"/km
29.	117	00:03:32	01:08:41	379m	9'19"/km
30.	119	00:02:59	01:11:40	404m	7'23"/km
31.	120	00:01:35	01:13:15	158m	10'01"/km
32.	69	00:01:15	01:14:30	177m	7'04"/km
33.	999	00:00:39	01:15:09	86m	7'33"/km