



**Régionale d'hiver**  
**Menil-Favay 9.2.2025**  
**Balise 10**

**Laurine HERMAN**

ASUB

Circuit : Noir long

Distance : 8100m (Dénivelé 200m)

Temps : 1:11:50 (8'52"/km)

**14/40**

O.K.

[Résultats complets sur Webres](#)

- |                             |         |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 0:50:07 |
| 2. Arnaud MAZY              | 0:52:15 |
| 3. Ondrej KOTECKY           | 0:56:25 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 84  | 00:01:39 |          | 171m  | 9'39"/km  |
| 2.  | 87  | 00:02:18 | 00:03:57 | 294m  | 7'49"/km  |
| 3.  | 91  | 00:03:28 | 00:07:25 | 529m  | 6'33"/km  |
| 4.  | 97  | 00:02:11 | 00:09:36 | 328m  | 6'39"/km  |
| 5.  | 98  | 00:02:23 | 00:11:59 | 308m  | 7'44"/km  |
| 6.  | 104 | 00:06:50 | 00:18:49 | 684m  | 9'59"/km  |
| 7.  | 105 | 00:01:41 | 00:20:30 | 268m  | 6'17"/km  |
| 8.  | 106 | 00:01:28 | 00:21:58 | 217m  | 6'46"/km  |
| 9.  | 107 | 00:08:20 | 00:30:18 | 883m  | 9'26"/km  |
| 10. | 108 | 00:02:58 | 00:33:16 | 295m  | 10'03"/km |
| 11. | 109 | 00:04:07 | 00:37:23 | 251m  | 16'24"/km |
| 12. | 140 | 00:01:32 | 00:38:55 | 200m  | 7'40"/km  |
| 13. | 141 | 00:01:01 | 00:39:56 | 139m  | 7'19"/km  |
| 14. | 142 | 00:09:37 | 00:49:33 | 1121m | 8'35"/km  |
| 15. | 143 | 00:03:29 | 00:53:02 | 398m  | 8'45"/km  |
| 16. | 145 | 00:03:37 | 00:56:39 | 204m  | 17'44"/km |
| 17. | 146 | 00:05:29 | 01:02:08 | 607m  | 9'02"/km  |
| 18. | 147 | 00:02:25 | 01:04:33 | 333m  | 7'15"/km  |
| 19. | 148 | 00:03:22 | 01:07:55 | 269m  | 12'31"/km |
| 20. | 165 | 00:03:30 | 01:11:25 | 462m  | 7'35"/km  |
| 21. | 999 | 00:00:25 | 01:11:50 | 93m   | 4'29"/km  |

Orienteering Software