



**Régionale d'hiver**  
**Menil-Favay 9.2.2025**  
**Balise 10**

**Guido LENGES**

OLV Eifel

Omloop : Noir long

Afstand : 8100m (Hoogteverschil 200m)

Tijd : 1:01:33 (7'36"/km)

**5/40**

O.K.

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- |                             |         |
|-----------------------------|---------|
| 1. François VAN DER OUDERAA | 0:50:07 |
| 2. Arnaud MAZY              | 0:52:15 |
| 3. Ondrej KOTECKY           | 0:56:25 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 84  | 00:01:08 |          | 171m  | 6'38"/km  |
| 2.  | 87  | 00:01:35 | 00:02:43 | 294m  | 5'23"/km  |
| 3.  | 80  | 00:02:57 | 00:05:40 |       |           |
| 4.  | 91  | 00:02:32 | 00:08:12 | 277m  | 9'09"/km  |
| 5.  | 97  | 00:02:11 | 00:10:23 | 328m  | 6'39"/km  |
| 6.  | 98  | 00:01:51 | 00:12:14 | 308m  | 6'00"/km  |
| 7.  | 104 | 00:04:34 | 00:16:48 | 684m  | 6'41"/km  |
| 8.  | 105 | 00:01:19 | 00:18:07 | 268m  | 4'55"/km  |
| 9.  | 106 | 00:01:10 | 00:19:17 | 217m  | 5'23"/km  |
| 10. | 107 | 00:08:13 | 00:27:30 | 883m  | 9'18"/km  |
| 11. | 108 | 00:02:53 | 00:30:23 | 295m  | 9'46"/km  |
| 12. | 109 | 00:03:34 | 00:33:57 | 251m  | 14'13"/km |
| 13. | 140 | 00:01:16 | 00:35:13 | 200m  | 6'20"/km  |
| 14. | 141 | 00:00:49 | 00:36:02 | 139m  | 5'53"/km  |
| 15. | 142 | 00:07:13 | 00:43:15 | 1121m | 6'26"/km  |
| 16. | 143 | 00:02:46 | 00:46:01 | 398m  | 6'57"/km  |
| 17. | 145 | 00:02:22 | 00:48:23 | 204m  | 11'36"/km |
| 18. | 146 | 00:05:08 | 00:53:31 | 607m  | 8'27"/km  |
| 19. | 147 | 00:02:02 | 00:55:33 | 333m  | 6'06"/km  |
| 20. | 148 | 00:02:36 | 00:58:09 | 269m  | 9'40"/km  |
| 21. | 165 | 00:03:02 | 01:01:11 | 462m  | 6'34"/km  |
| 22. | 999 | 00:00:22 | 01:01:33 | 93m   | 3'57"/km  |

Orienteering Software