



SE ORIENTA DF 2025-2º TREINO INÍCIO 09:00h
PARQUE BURLE MARX 9.2.2025
SE ORIENTA DF

Marcelo Paulino

Clube de Orientação Serra dos Cristais

Percurso : SUPER EXPE

Distancia : 5000m (Desnivel 50m)

Tempo : 1:37:28 (19'30"/km)

45/63

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Juliano Pereira Pasturiza | 0:37:44 |
| 2. Walney Nardaci Oliveira | 0:44:08 |
| 3. Altair Lorenzi | 0:45:17 |

1.	31	00:00:58		64m	15'06"/km
2.	40	00:17:22	00:18:20	136m	127'42"/km
3.	41	00:12:24	00:30:44	653m	18'59"/km
4.	42	00:09:05	00:39:49	710m	12'48"/km
5.	43	00:08:11	00:48:00	329m	24'52"/km
6.	44	00:02:51	00:50:51	186m	15'19"/km
7.	45	00:06:25	00:57:16	400m	16'03"/km
8.	47	00:07:49	01:05:05	223m	35'03"/km
9.	48	00:11:25	01:16:30	500m	22'50"/km
10.	46	00:01:28	01:17:58	108m	13'35"/km
11.	49	00:05:56	01:23:54	526m	11'17"/km
12.	35	00:09:13	01:33:07	761m	12'07"/km
13.	37	00:03:57	01:37:04	300m	13'10"/km
14.	999	00:00:24	01:37:28	74m	5'24"/km

HELGA

Orienteering Software