



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

José Jonas Da Rocha Santos

SEM EQUIPE

Circuit : SOLO FAST MASCULINO 50-59

Distance : 5780m (Dénivelé 121m)

Temps : 1:03:09,734 (10'56"/km)

11/11

O.K.

[Résultats complets sur Webres](#)

- | | |
|--|-------------|
| 1. Luiz Carlos Gonçalves Pennafort Jr. | 0:30:59,476 |
| 2. Joaquim Neto V De Carvalho | 0:35:39,117 |
| 3. Claudio Ferreira | 0:37:24,640 |

- | | | | | | | |
|----|-----|----------|----------|-------|-----------|---------------------------------|
| 1. | 71 | 00:15:06 | | 2140m | 7'03"/km | ENTRADA NA MATA - H2O 1 |
| 2. | 74 | 00:44:49 | 00:59:55 | 3320m | 13'30"/km | TRILHA NA MATA - INICIO DESAFIO |
| 3. | 999 | 00:03:14 | 01:03:09 | 300m | 10'47"/km | CHEGADA |

