



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

Adelino Costa Da Silva

Superação adventure

Course : SOLO FAST MASCULINO 40-49

Distance : 5780m (Climbing 121m)

Time : 0:48:29,511 (8'23"/km)

11/17

O.K.

[Full result on Webres](#)

- | | |
|-------------------------------|-------------|
| 1. Jose Wagner Da Silva | 0:30:42,656 |
| 2. Fernando Francisco Ribeiro | 0:31:12,671 |
| 3. Lenilson Da Silva | 0:32:38,417 |

1.	71	00:14:12		2140m	6'38"/km	ENTRADA NA MATA - H2O 1
2.	74	00:31:48	00:46:00	3320m	9'35"/km	TRILHA NA MATA - INICIO DESAFIO
3.	999	00:02:29	00:48:29	300m	8'17"/km	CHEGADA

