



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

Irts Surama Da Silva

Amigos Runners

Course : SOLO FAST FEMININO 40-49

Distance : 5780m (Climbing 121m)

Time : 0:55:10,875 (9'33"/km)

12/26

O.K.

[Full result on Webres](#)

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|------------------------------|-------------|
| 1. Jucielma Borges De Farias | 0:42:08,363 |
| 2. Sara Ryan | 0:42:52,695 |
| 3. Lanninha Maynardi | 0:44:27,222 |

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|----|-----|----------|----------|-------|-----------|---------------------------------|
| 1. | 71 | 00:15:51 | | 2140m | 7'24"/km | ENTRADA NA MATA - H2O 1 |
| 2. | 74 | 00:36:56 | 00:52:47 | 3320m | 11'07"/km | TRILHA NA MATA - INICIO DESAFIO |
| 3. | 999 | 00:02:23 | 00:55:10 | 300m | 7'57"/km | CHEGADA |

