



TRAIL RUN HTR - ETAPA 1

AREZ - RN 9.2.2025

TRAIL RUN HTR

Sara Ryan

Adsumus

Circuit : SOLO FAST FEMININO 40-49

Distance : 5780m (Dénivelé 121m)

Temps : 0:42:52,695 (7'25"/km)

2/26

O.K.

[Résultats complets sur Webres](#)

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|------------------------------|-------------|
| 1. Jucielma Borges De Farias | 0:42:08,363 |
| 3. Lanninha Maynardi | 0:44:27,222 |

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|----|-----|----------|----------|-------|----------|---------------------------------|
| 1. | 71 | 00:12:48 | | 2140m | 5'59"/km | ENTRADA NA MATA - H2O 1 |
| 2. | 74 | 00:27:40 | 00:40:28 | 3320m | 8'20"/km | TRILHA NA MATA - INICIO DESAFIO |
| 3. | 999 | 00:02:24 | 00:42:52 | 300m | 8'00"/km | CHEGADA |

