



TRAIL RUN PARADISE - ETAPA 1

SATUBA - AL 26.1.2025

PARADISE

Luciano Antônio Da Silva

SUPERAÇÃO RUNNER

Circuit : 12 KM SOLO MASCULINO 50-59

Distance : 11500m (Dénivelé 347m)

Temps : 1:22:24,078 (7'10"/km)

3/7

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------|-------------|
| 1. Edvan Silva | 1:17:37,726 |
| 2. José Jorge De Almeida | 1:20:03,425 |

1.	72	00:20:28		4000m	5'07"/km	ENTRADA NA MATA
2.	73	00:14:50	00:35:18	1600m	9'16"/km	DIV CATEGORIAS
3.	74	00:21:18	00:56:36	2700m	7'53"/km	RETORNO 12KM
4.	999	00:25:48	01:22:24	3170m	8'08"/km	CHEGADA

HELGA



Orienteering Software