



# TRAIL RUN PARADISE - ETAPA 1

## SATUBA - AL 26.1.2025

### PARADISE

**Helber Gomes**

Arena Arabia

Circuit : 6 KM SOLO MASCULINO 30-39

Distance : 7000m (Dénivelé 236m)

Temps : 1:10:14,367 (10'02"/km)

**12/27**

O.K.

[Résultats complets sur Webres](#)

|                     |             |
|---------------------|-------------|
| 1. Rodrigo Henrique | 0:45:02,578 |
| 2. Thiago Araújo    | 0:50:45,609 |
| 3. Erasmo Marques   | 0:54:06,867 |

|    |     |          |          |       |           |                 |
|----|-----|----------|----------|-------|-----------|-----------------|
| 1. | 72  | 00:26:44 |          | 4000m | 6'41"/km  | ENTRADA NA MATA |
| 2. | 73  | 00:23:55 | 00:50:39 | 1600m | 14'57"/km | DIV CATEGORIAS  |
| 3. | 999 | 00:19:35 | 01:10:14 | 1370m | 14'18"/km | CHEGADA         |

HELGA



Orienteering Software