



TRAIL RUN PARADISE - ETAPA 1

SATUBA - AL 26.1.2025

PARADISE

Cicera Maria Conceição

100 STRESS

Circuit : 6 KM SOLO FEMININO 50-59

Distance : 7000m (Dénivelé 236m)

Temps : 1:21:34,242 (11'39"/km)

5/12

O.K.

[Résultats complets sur Webres](#)

1. Prazeres Souza	1:10:29,253
2. Silvana Alves	1:16:39,066
3. Maria Anilda	1:17:19,570

1.	72	00:30:39		4000m	7'40"/km	ENTRADA NA MATA
2.	73	00:27:21	00:58:00	1600m	17'06"/km	DIV CATEGORIAS
3.	999	00:23:34	01:21:34	1370m	17'12"/km	CHEGADA

HELGA



Orienteering Software