



TRAIL RUN PARADISE - ETAPA 1

SATUBA - AL 26.1.2025

PARADISE

Niedja Castro

Sem equipe

Circuit : 6 KM SOLO FEMININO 30-39

Distance : 7000m (Dénivelé 236m)

Temps : 1:30:30,601 (12'56"/km)

19/43

O.K.

[Résultats complets sur Webres](#)

1. Juliana Cardoso	0:58:54,386
2. Liziane Lima Da Silva	0:59:54,808
3. Rosanny Silva	1:02:09,140

1.	72	00:35:20		4000m	8'50"/km	ENTRADA NA MATA
2.	73	00:31:58	01:07:18	1600m	19'59"/km	DIV CATEGORIAS
3.	999	00:23:12	01:30:30	1370m	16'56"/km	CHEGADA

HELGA



Orienteering Software