



TRAIL RUN PARADISE - ETAPA 1

SATUBA - AL 26.1.2025

PARADISE

Família Almeida

GILDO COSTA ASSESSORIA ESPORTIVA

Omloop : 6 KM DUPLA MISTA

Afstand : 7000m (Hoogteverschil 236m)

Tijd : 1:01:34,425 (8'48"/km)

5/52

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|-------------|
| 1. Junior/ Laura | 0:53:52,640 |
| 2. Laninha E Sandoval | 0:55:56,281 |
| 3. Rose E Jhon | 0:57:05,031 |

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|----|-----|----------|----------|-------|-----------|-----------------|
| 1. | 72 | 00:24:12 | | 4000m | 6'03"/km | ENTRADA NA MATA |
| 2. | 73 | 00:20:11 | 00:44:23 | 1600m | 12'37"/km | DIV CATEGORIAS |
| 3. | 999 | 00:17:11 | 01:01:34 | 1370m | 12'33"/km | CHEGADA |

HELGA



Orienteering Software