



TRAIL RUN PARADISE - ETAPA 1

SATUBA - AL 26.1.2025

PARADISE

Carmem Lucia Da Silva Oliveira Lucia

PANTERA RUNNING

Omloop : 6 KM SOLO FEMININO

Afstand : 7000m (Hoogteverschil 236m)

Tijd : 1:27:48,609 (12'33"/km)

46/117

O.K.

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|----------------------|-------------|
| 1. Vanessa Nolasco | 0:46:02,183 |
| 2. Giovanete Candido | 0:48:09 |
| 3. Karla França | 0:52:00,679 |

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|----|-----|----------|----------|-------|-----------|-----------------|
| 1. | 72 | 00:32:09 | | 4000m | 8'02"/km | ENTRADA NA MATA |
| 2. | 73 | 00:32:45 | 01:04:54 | 1600m | 20'28"/km | DIV CATEGORIAS |
| 3. | 999 | 00:22:54 | 01:27:48 | 1370m | 16'43"/km | CHEGADA |

HELGA



Orienteering Software