



Ijzeren Paal

26.1.2025

Omega

Jean-Pierre VAN DER CRUYS

ASUB

Course : H:06

Distance : 3270m

Time : 1:35:05 (29'05"/km)

12/13

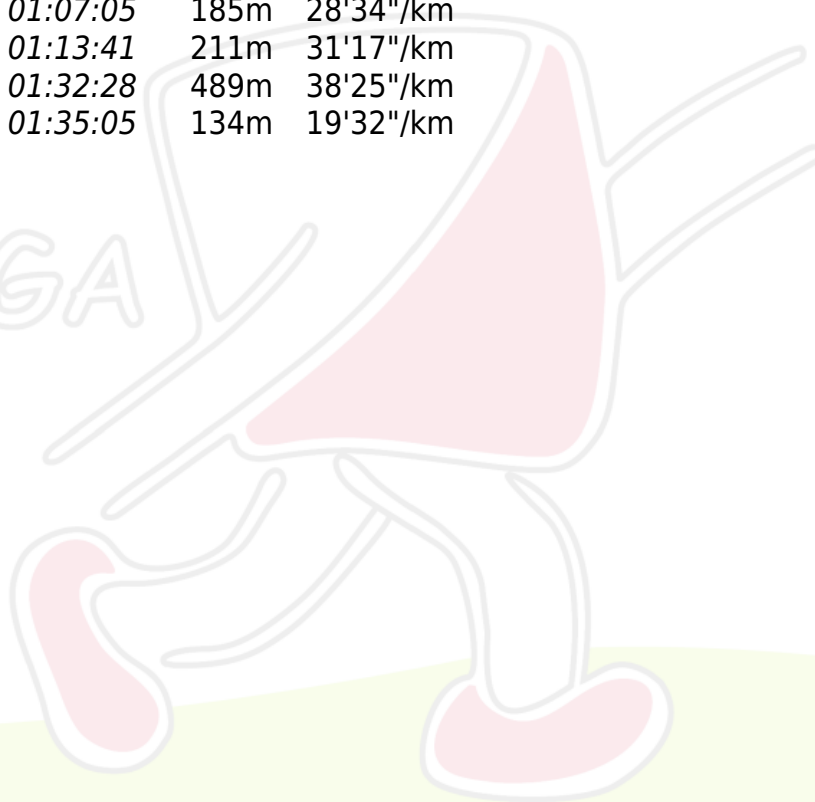
O.K.

[Full result on Webres](#)

1. Robbe LUYCKX	0:33:03
2. Jens DEFERM	0:33:04
3. Tom GEYS	0:43:39

1.	112	00:08:53		339m	26'12"/km
2.	141	00:07:09	00:16:02	168m	42'34"/km
3.	132	00:05:33	00:21:35	259m	21'26"/km
4.	131	00:15:59	00:37:34	512m	31'13"/km
5.	127	00:08:22	00:45:56	314m	26'39"/km
6.	126	00:08:06	00:54:02	307m	26'23"/km
7.	128	00:07:46	01:01:48	308m	25'13"/km
8.	129	00:05:17	01:07:05	185m	28'34"/km
9.	140	00:06:36	01:13:41	211m	31'17"/km
10.	142	00:18:47	01:32:28	489m	38'25"/km
11.	999	00:02:37	01:35:05	134m	19'32"/km

HELGA



Orienteering Software