



Ijzeren Paal

26.1.2025

Omega

Bert GEUDENS

K.O.L.

Course : H:06

Distance : 3270m

Time : 0:53:05 (16'14"/km)

8/13

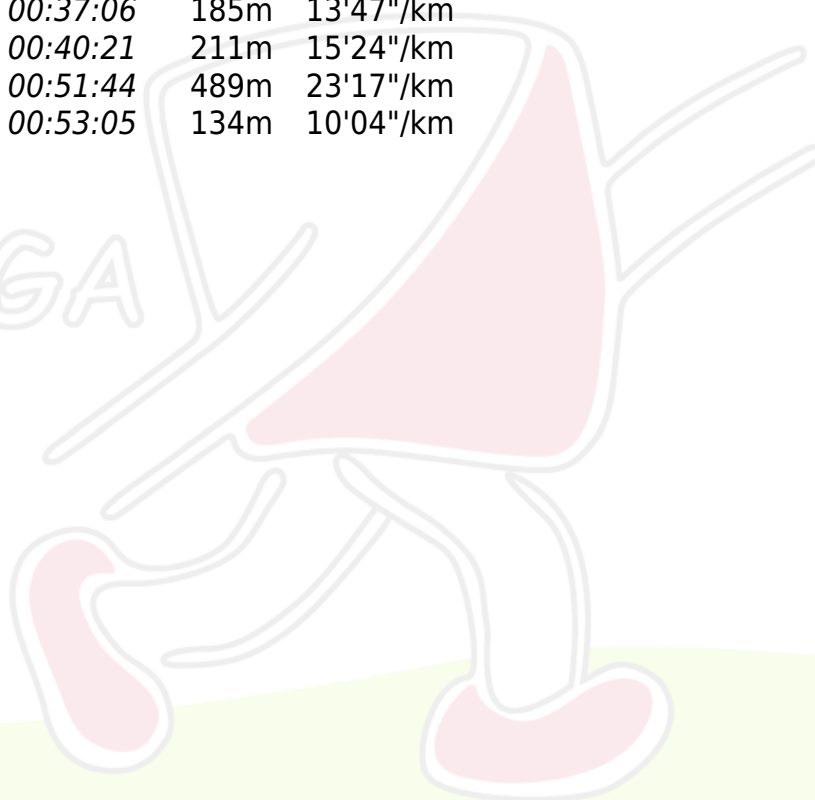
O.K.

[Full result on Webres](#)

1. Robbe LUYCKX	0:33:03
2. Jens DEFERM	0:33:04
3. Tom GEYS	0:43:39

1.	112	00:05:52		339m	17'18"/km
2.	141	00:02:43	00:08:35	168m	16'10"/km
3.	132	00:03:39	00:12:14	259m	14'06"/km
4.	131	00:08:26	00:20:40	512m	16'28"/km
5.	127	00:04:24	00:25:04	314m	14'01"/km
6.	126	00:05:00	00:30:04	307m	16'17"/km
7.	128	00:04:29	00:34:33	308m	14'33"/km
8.	129	00:02:33	00:37:06	185m	13'47"/km
9.	140	00:03:15	00:40:21	211m	15'24"/km
10.	142	00:11:23	00:51:44	489m	23'17"/km
11.	999	00:01:21	00:53:05	134m	10'04"/km

HELGA



Orienteering Software